



Sunny Bridge Cafe

SUNNY BRIDGE NATURAL FOODS

130 Gallery Drive • McMurray, PA • 724-942-5800



SunnyBridgeNaturalFoods.com



CAFÉ HOURS • Mon - Fri 9-5 • Saturday 9-3 • Closed Sunday

STORE HOURS • Mon - Thurs 9-8 • Friday 9-7 • Saturday 9-5 • Sunday 10-5

Add a cup of our house made
Soup of the Day for \$2

HANDHELDS

Gourmet gluten-free grilled cheese served
on our toasted house-baked millet bread.

Bacon We Care \$7.99 **GF** **LC**

Nitrate-free bacon, fried cage-free eggs, cheddar & American cheeses,
local leafy lettuce & sliced tomatoes.

Tuna Me Up \$7.99 **GF**

Wild caught tuna salad, cheddar cheese, lettuce & tomato.

Pittsburgh Cheesesteak \$10.99 **GF** **LC**

Thinly sliced marinated Waygu beef, provolone & house made boursin cheese,
sautéed organic bell peppers, onions & our creamy kaleslaw.

Good Ole Grilled Cheese \$5.99 **GF**

Filled with cheddar, American & house made boursin cheese.

HOUSE MADE FLAX WRAPS

Chick Me Out \$8.99 **GF** **DF** **LC**

Your choice of grilled honey-brined or buffalo-style local chicken breast,
creamy kaleslaw, local lettuce & tomato.

Waygu You Talkin' To \$10.99 **GF** **LC**

Shaved marinated Waygu beef, organic spinach, tomatoes &
house made boursin cheese.

Fakin' Bacon Parm \$8.99 **GF** **DF** **V**

House made thick-cut marinated eggplant bacon & creamy vegan
mozzarella smothered with Grandma's family secret tomato basil marinara.

Don't Be So Pesto-misitc! \$8.99 **GF** **DF** **V**

Vegan sunflower seed basil spinach pesto, marinated roasted vegetables,
organic spinach & tomatoes.

BOWL-ING AT THE BRIDGE

Cauliflower Rice Bowls

Veggie Bomb \$8.99 **V**

Roasted chickpeas, cauliflower & mixed veggies.

Chicken Pull Party \$9.99 **LC**

Enchilada-style pulled dark meat chicken.

The Un-Beef-Liev-a-Bowl \$10.99 **LC**

Mexican-seasoned marinated Waygu steak.

SOUP OF THE DAY

12oz \$3.99



32oz \$7.99

SALADS

Add grilled local chicken breast or our roasted pesto-marinated vegetables for \$4

Sunny House Salad \$7.99 **GF**

Local leafy greens, red onions, tomato, toasted pine nuts, roasted chickpeas & goat cheese served with your choice of house balsamic or Vegan ranch dressing.

Mis-Steak-en \$10.99 **GF LC**

Marinated Waygu beef, mozzarella cheese, organic bell pepper, tomato, red onions & pepperoncini served with house balsamic dressing.

Look Bleu's Cluckin' Now \$9.99 **GF LC**

Local chicken breast sautéed in our house made buffalo sauce on top of local greens, creamy kaleslaw, tomato & tangy bleu cheese served with house ranch dressing.



SUNRISE KIDS MENU

Served with a good for you fruit & a yummy for your tummy baked cookie.
For our guests 10 & under.

Captain Cheesypants \$4.99 **GF**

Goey grilled cheese sandwich made with our house made millet bread.

The Mexican Mouse \$4.99 **GF**

Cheese snuggled inside our house made Vegan flaxseed wrap.

Way Above Average AB&J \$4.99 **GF**

Our house made millet bread stuffed with freshly ground almond butter & house made organic jelly.

GF Gluten-Free

DF Dairy Free

V Vegan

LC Low Carb Option

We can accommodate most special dietary needs with options for Vegan, Dairy Free or Low Carb to our peanut & gluten-free menu. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of food borne illness.

OUR MEATS

ARE NATURALLY RAISED

GRASS FED *AND* **ANTIBIOTIC FREE**
HORMONE

OUR FRUITS

and **VEGGIES**

are sourced locally in season

AND **DIRTY DOZEN ORGANIC**

WE BELIEVE IN SUSTAINABILITY

AND **RECYCLE** 
PURPOSE
USE *when possible*

including food donations to our

LOCAL FOOD BANK

+ food scraps to always hungry local chickens!



We are a designated Sustainable Pittsburgh Restaurant, committed to our community, our economy, and our planet. Learn more at EatSustainably.org

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