



Keto Meal Service

MEAL PLANNER MENU
Choose Pickup Day for
Following Week:

Weds or Sat



QUANTITY

Jambayla

SSHIMP, SAUSAGE, BELL PEPPERS,
TOMATOES, CAULIFLOWER RICE
28.4 G FAT 8G NET CARBS 20.5 G
PROTEIN



\$12

Blackened Shrimp Salad

34G FAT, 3G NET CARBS 5G
PROTEIN



\$12

Shrimp Quesadillas with Cilantro Sour Cream

38.2G FAT 5.6G NET CARBS 16.8G
PROTEIN



\$10

Waygu Steak Wrap

SHAVED STEAK, GOAT CHEESE,
SAUTEED PEPPERS AND ONIONS
35.5G FAT 4.31 NET CARBS 16.9G
PROTEIN



\$10

Meat Lover Calzone

GROUND BEEF, SAUSAGE, PEPPERONI,
MOZZARELLA CHEESE, MARINARA
43.4G FAT, 6.2G NET CARBS,
31.5G PROTEIN



\$12

Call In Orders 724-942-5800

Email us at
chef@sunnybridgenaturalfoods.com

Or Drop Off Form In Store

*payment is due at time of order