

February 2019



SunnyBridgeNaturalFoods.com

724-942-5800 · 130 Gallery Drive, McMurray PA

10am-5pm Sunday	9am-8pm Monday	9am-8pm Tuesday	9am-8pm Wednesday	9am-8pm Thursday	9am-7pm Friday	9am-5pm Saturday
27	28	29	30	31	1	2
	<p>Limited time for lunch? No worries! Download the <i>Dash-n-Dine</i> app and place your order from our new Café menu. Our Bakery's got you covered too! <i>Your belly will thank you!</i></p>					<p>Groundhog Day Eat Ice Cream for Breakfast Day</p>
3 Super Bowl Sunday <i>"Tom Brady: I'm going to the Super Bowl. Quote the Raven: Nevermore."</i>	4	5	6	7 <i>"A heart is not judged by how much you love, but by how much you are loved by others." -The Tin Man Wizard of Oz</i>	8	9 Neurokinetics Jill Moncilovich, PhD National Pizza Day
10 <i>"To laugh at yourself is to love yourself." -Mickey Mouse</i>	11	12 Abraham Lincoln's Birthday <i>"The hen is the wisest of all the animal creation because it never cackles until the egg is laid." -Abraham Lincoln</i>	13	14 Happy Valentines Day <i>"Love is the only force capable of transforming an enemy into a friend." -Martin Luther King, Jr.</i>	15 <i>"Don't cry because it's over. Smile because it happened." -Dr. Seuss</i>	16
17 Random Acts of Kindness Day	18 Presidents Day	19	20 Cherry Pie Day	21 National Grain Free Day	22	23 <i>"The measure of who we are is what we do with what we have." -Vince Lombardi</i>
24	25	26 Tell a Fairy Tale Day	27	28 National Chili Day	1 Anniversary 17! <i>20% OFF STOREWIDE</i>	2

Store Hours

Winter Speaker Series

Saturday, February 9, 11 am with Jill Moncilovich, PhD
Neurokinetics: How to Eliminate All PTSD/Trauma Symptoms
Learn all about Brainsweep Neurokinesis Intervention and how it can help reduce and eliminate negative symptoms associated with trauma.
 Please call 724-942-5800 to reserve your spot!

EVENTS

Friday & Saturday March 1 & 2
Anniversary
17!
20% OFF
 Come celebrate with us! (details to come)

New Café Hours
 Mon-Fri 9am-5pm
 Sat 9am-3pm · Closed Sunday

Cross the Bridge to a Healthier Lifestyle