



# Wild Medicine

**Healing with the Wild Ways**

Jen Dalke, Herbalist

Monday

July 23

6-7pm

\$15

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A course based on known healing practices from here and around the world to help us survive our current intense environmental and human crises. We'll discuss many wild plants and how to use them for healing, as well as ways in which we can reconnect with our local natural spaces for both physical and mental health, and much more!

*Seating is limited. Register early in-store or by calling 724-942-5800. Visit [BlueHeronNatureSkills.com](http://BlueHeronNatureSkills.com) also for tickets.*

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Jen Dalke has studied herbal medicine both independently and formally for over 15 years. She healed her own body of allergies at a young age and now enjoys life to the fullest. She loves to share the many ways she has found to bring about healing and how simple it is to achieve these results ... naturally!

See her website for more information at [www.BlueHeronNatureSkills.com](http://www.BlueHeronNatureSkills.com)